

Salaried GP Engagement event is on the 29th September at 1pm, more information in the news & events section.

Micro suction clinics will now be running on WEDNESDAYS instead of Thursdays.

Learning Disabilities Meeting will be on 15th September @ 1 pm. Please make sure at least one member from each practice joins.

Covid booster & Flu jab can be given at the same time in Local Vaccine Site to help practices reach flu targets. It will be starting from the 6th September. It will be done by priority cohorts.

Social Prescribing will be running at limited capacity over the next few months.



Meet the Leads

Enfield Unity is very lucky to have Debbie Hicks our Nurse Consultant running diabetes sessions every alternative Wednesdays. It is a great way to refresh and update your diabetes knowledge. See below more information from Debbie.

We also have Dr Jarir Amarin and Dr Nirav Varsani working hard on monitoring and improving long terms conditions. On the right is a few words from Dr Amarin

If you are interested in all thing's diabetes, then please join me for our diabetes educational sessions on alternate Wednesday afternoons:
Diabetes for all HCPs 1 – 2pm
Back to Basics 4 – 5pm.

The first sessions of the new programmes will be held on 6/10/21.

1 – 2pm Diabetes and the kidney inc new licences
4 – 5pm BGM Formulary

Please forward any topics you would like covered to me: debbie.hicks3@nhs.net

I look forward to seeing you all after the holidays.

Debbie Hicks

Nurse Consultant – Diabetes
Director – Trend Diabetes Ltd
Visiting Lecturer – University of Leicester

I decided to take up the role of PCN Long Term Conditions GP Lead because I passionately believe that as healthcare professionals we can make a big difference to patients' quality of life, significantly reduce cardiovascular events, and prolong lives by controlling chronic diseases like diabetes and hypertension. Through my experience I offer leadership, education, and clinical decision-making skills, which I will apply to the role and offer practical support to the PCN.

We are adopting an MDT approach in managing LTC with weekly virtual clinics run jointly with a nurse, clinical pharmacist and myself as a GP working together to achieve agreed targets based on clinical evidence. Having a long and extensive history in cardiology, has enabled me to link long term conditions and co-morbidities and apply basic principles in their management, supporting the team. This experience allows me to educate and lead the team in the holistic approach to clinics in diabetes management / COPD / asthma and hypertension. The MDT utilises all the team to provide care from foot clinic to smoking cessation and to promote complex management with the senior members of the team. I would like to reflect this approach throughout the PCN highlighting excellent practice and sharing experiences. Through shared experience and support I would like the PCN long term conditions to be a respected service and to improve outcomes for our patients.

I am excited to work within a diverse multi-disciplinary team, supporting new roles and initiatives to provide a high-quality service for the patients.

Best Wishes,

Jarir Amarin



News & Events

SALARIED GP's

If you are interested in...

- Education & Updates
- Carer Development
- Portfolio Careers
- Aims and objectives of our PCN



Then please attend our first Salaried GP Engagement event:
29th September @ 1pm - 2.30pm

The Royal Free London produces regular updates for GPs which include information on:

- specific services such as diagnostics
- referrals
- service changes
- other news which is relevant to GPs/primary care

If you would like to receive these updates directly, please respond to rf.gpliaison@nhs.net with your **name, role and practice name** asking to be added to the distribution list.

PPG MEETING



We will be holding our quarterly PPG meeting on the 15th September @ 12pm.

If you would like to attend or have a PPG member who would like to join, please send name and email address to enfield.untypcn@nhs.net

London calling - Pulse Today

Please read about recruitment in the PCN, written by our Clinical Director, Dr Sarit Ghosh. A word that fills most clinical directors with either hope or anxiety. Can we find good candidates to fill our posts, and will they choose us over other organisations? If they do not, how will we explain this to our practices? If they do, will the amount of supervision required lead to ...

www.pulsetoday.co.uk



Healthy London Partnership has created a mini series of Social Prescribing films for you to use and share across your network, in support of your work and messaging about Social Prescribing.

Following last year's production of the pan-London Social Prescribing film [Social Prescribing: Transforming Health for London](#), they had so much rich content from the interviews that they were able to produce additional films from the footage.

They wanted to share these with our fantastic network covering all sectors both within London and across the country, and hope you enjoy the films...

1. [How the pandemic impacted needs](#)
2. [Prevention and Empowerment for Self-Care](#)
3. [Social Prescribing in Multi-Disciplinary Teams](#)
4. [Social Prescribing Partnership Working](#)
5. [Connecting Primary Care with the Community](#)
6. [Patient Story: Alzheimer's](#)
7. [Patient Story: Antidepressants](#)

Coming up

2021

January	February	March	April
X	X	X	X
May	June	July	August
X	X	X	X
September	October	November	December
* PPG Meeting - 15 th @ 12pm * Learning Disability Meeting - 15 th @ 1pm	* Malnutrition Week	* National Stress Awareness Day	* Christmas

For more information about Enfield Unity PCN please visit our website:

<https://enfieldunitypcn.co.uk>

If you have any queries, please feel to send us an email at enfield.untypcn@nhs.net

Contact Us

