

We are so excited to introduce to you, the very first issues of Enfield Unity's Newsletter! Enfield Unity Primary Care Network was formed in July 2019. It is made up of Medicus Health Partners which has recently merged to form one Super Practice plus 8 other practices.

Our aim is to improve the quality of life for patients in Enfield, by providing an alternative and more flexible healthcare system. We do this by helping practices provide a variety of services, such as Micro-suction, also by introducing new healthcare roles to practices, which you can read more about below.

The Clinical Directors

Dr Sarit Ghosh is a partner at Medicus Health Partners, Carlton House Surgery site. He is the Clinical Lead for LTC and prevention.



Dr Ujjal Sarkar is a partner at Medicus Health Partners, Lincoln Road Medical Practice site. He is the Clinical Lead for Covid Vaccines and Micro suction.

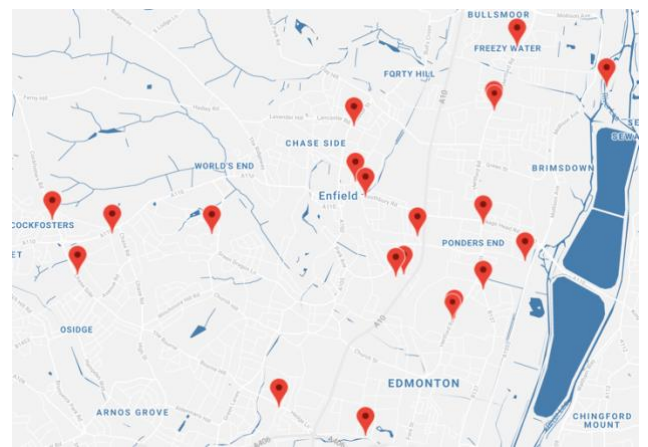


Dr Anita Shah is a partner at Cockfosters Medical Centre and is the Lead for learning disabilities, Social Prescribing and childhood immunisation.



Operations Manager

Tracy Kocabali's role is to manage the everyday running of the PCN. She is responsible for the delivery and monitoring of projects and services committed to or commissioned by the PCN. Tracy also provides oversight of the financial management, resourcing and regulatory compliance of the work of the PCN.



Locations of the PCN sites

The Team

Our Services

Extended Hours Smears

Great news! This service will be continuing every Saturday at Carlton House Surgery.

Please make use of this service and remember appointments are booked under cross organisation.

Micro-suction

Micro suction is still going strong. There are still available appointments for the end of May!

Important Reminder!

Please complete your SMI before the end of June to attract additional funding from the Federation.

Meet the Leads

Meet Dr Dipti Tailor and Dr Timothy Green. They have been working non-stop to provide training for staff at the PCN, and hold countless sessions to help the PCN be the best it can be.

To the right is Cancer Lead Dr Miles Bogle, who has been reaching out to the Enfield community to help with cancer awareness.

Training and Development Leads - Dr Dipti Tailor and Dr Timothy Green - Training and Development Leads

Tim and I began our roles as Training and Workforce Development Leads in December 2020. We have successfully engaged with all the multi-professional teams across the PCN and designed a rolling programme of weekly bite-size education sets tailored to all the different groups. We have just come to the end of the second cycle and have had gradually increasing attendance. We are acutely aware that communication remains an issue so any of your team members are unaware of the sessions please do not hesitate to contact me or Tim so we can get you added to relevant mailing lists. A broad range of clinical topics will be discussed ranging from Mental Health to Dermatology. We continue to look for opportunities for Training for our Operational Staff although mostly the offers at the moment remain in a virtual format. There is also a continued push to increase the number of Clinical Supervisors and GP Educators with regular training courses running so please contact us if anyone wants more information.

Dipti Tailor - dipti.tailor@nhs.net

Timothy Green - timothy.green@nhs.net

Cancer Lead - Dr Miles Bogle

It has been a busy 6 months for me in my role as the PCN Cancer Lead, which like all our work has been somewhat disrupted by the second wave of COVID. I have been very grateful for the enthusiasm of all the practices across the PCN to taking part in the Cancer Audit and contributing to the success of the peer review meetings. We have worked with local organisations including Enfield Town Ladies Football Club and the Enfield LGBT to raise awareness about cervical cancer and publicise the PCN Awareness week.

It has been great to see how the PCN has adapted to and overcome the challenges that practicing in the COVID era presents - learning from the first wave where it took 6 months for Cancer referrals to pick up to the prior levels, following the second wave levels have picked up within two months of the second wave.

Going forward as the model of general practice delivery evolves and it is going to be more important that we have robust safety netting strategies, and we will need to embrace electronic safety netting and cancer risk stratification tools, which many of the practices are already doing, which bodes well for the future.

What's Coming up? The next cycle of the New Cancer Diagnosis Audit and Peer review Meeting, A Cancer Awareness event in association with the Enfield Caribbean Association. Further cancer awareness and prevention weeks across the PCN and Help understanding the upcoming changes to 2ww referral pathways.

Please welcome our newly appointed Long Terms Conditions Leads, Dr Jarir Amarín and Dr Nirav Varsani! They will be leading in targeting Diabetes, Hypertension, AF and prevention, such as smoking cessation, weight loss and physical activity.

Allied Professionals

The PCN is ever growing, you would have noticed new people have joined your practice, such as Clinical Pharmacists, Physician Associates, Social Prescribers and Health and Wellbeing Coaches. They are there to help practices and GPs with the expanding population, and give patients different options when it comes to their healthcare. Here is a little bit about these roles and some statements from the Seniors;

Health and wellbeing coaches support patients in making positive changes to their lifestyle and reaching their self-identified health and wellbeing goals, such as eating healthier, being more physically active, quitting smoking, and reducing alcohol intake. Health and wellbeing coaches also support patients to develop their knowledge, skills, and confidence to prevent or self-manage long-term conditions, such as diabetes and hypertension. Health coaching focuses on what matters to the patient and uses a non-judgemental and holistic approach, aimed at empowering the patient to take a more active role in their healthcare.

Silje Aronsen - Health and Wellbeing Coach

We have a skilled team of 21 **clinical pharmacists** and pharmacy technician at Enfield Unity PCN and as part our strategy is committed to grow our team.

The clinical pharmacists are working as part of the multidisciplinary team in all the Enfield Unity PCN practices. They work collaboratively with GPs, PA, ECP and nursing teams and using their skills and expertise to provide an enhanced quality of patient care. They are passionate to improve patient safety and reduce adverse drug reaction.

The Enfield PCN Clinical Pharmacists have direct involvement to develop and deliver a high-quality person-centred medicines optimisation and management service to our patients at each of our member GP practices. The team's achievements in enhancing patient care ranging from medications review service to long term disease management and clinical audits focused on improvement on care pathways. Further to their practice roles, the team members have been dedicating time to play an integral role in the delivery of the COVID-19 vaccination clinic with the shared ambition of vaccinating Enfield residents and reduce mortality and morbidity.

In the past 6 months each team member has participated in the AF optimization audit which led to more than 400 patients being reviewed and identified and helped to start anti-coagulation in over 40 patients. This will reduce CVA related mortality and morbidity in the future.

The team is currently working on the NPSA Emergency steroid card alert audit, which will support early recognition and treatment of adrenal crisis in adults, again, with the aim of lowering potentially fatal health outcomes, and keeping our vulnerable patients safe.

The team will be working on exciting new projects in 2021 like structured medication review and will need your support to deliver it across the PCN.

From the Medicine Management Team

Physician Associates are healthcare professionals with a generalist medical education who work alongside doctors, physicians, GPs and surgeons to provide medical care as an integral part of the multidisciplinary team.

In its competence and curriculum framework for the physician assistant, the Department of Health defines a PA as 'a new healthcare professional who, while not a doctor, works to the medical model, with the attitudes, skills, and knowledge base to deliver holistic care and treatment, within the general medical and/or general practice team under defined levels of supervision.'

In general practice, physician associates are competent in managing:

- acute and emergency medicine across different specialties
- long-term conditions assessment and management.
- minor surgical procedures such as wound care
- obstetrics and gynaecology
- paediatrics
- mental health
- telephone triaging
- review results, scans, and clinical documents

Depending on the requirement of the practice, PAs can develop a wide variety of skills to tailor the needs of the PCN and practice. PAs are a versatile workforce and help reduce the workload burden on other professions. PAs can provide services such as smears, immunizations, and pessary fitting. As well as this, PAs can visit care homes and carry out mental health assessments.

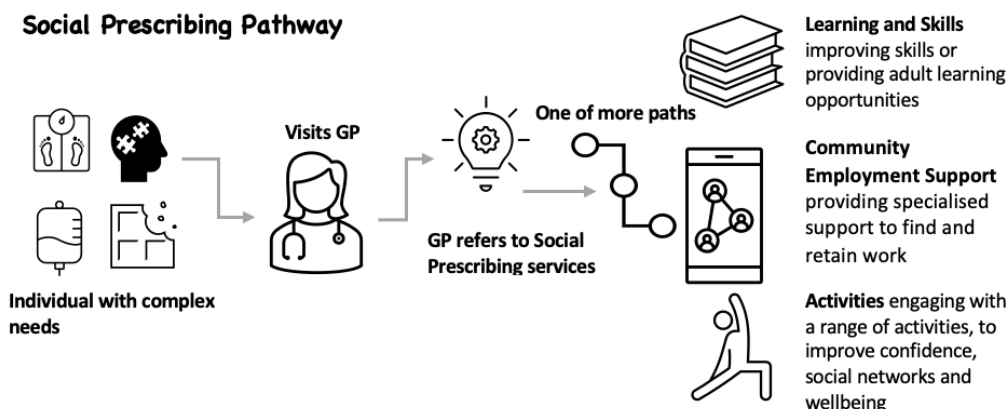
Currently, in Enfield, we are working hard on expanding the PA workforce and establishing a stable PA student placement network, with all the GP practices. Having PA students in practice, potentially helps to increase employment uptake from their university.

A student who is competent, will be able to work within the integrated team to help to reduce clinical pressure for the clinicians.

For example, the second-year student would already have their placement in an emergency setting and acute medical department before their GP placement. They will be competent having their own patient caseload, and dealing with an acute and simple chronic concern, therefore adding more available appointment slots for the practice. This system will bring financial benefits, as each student is paid by their university to attend placement. This will also help the wider

Social prescribing is a non-medical referral option, for GP's to refer people to a range of local, non-clinical services. Social Prescribers can help with a wide range of social, economic and environmental factors such as, housing issues, debt or loneliness that can lead to poor health.

Doctors can refer some of their patients to a social prescribing specialist or link worker, who can then suggest local social groups, which they can participate in to improve their mental health and physical wellbeing.



Carlton House Vaccine HUB have vaccinated over 100,000 patients!

Congratulations to all staff who have helped with the covid vaccination program, from contacting patients, booking appointments, to working shift at the hub. All this wouldn't have been possible without you.

Coming up

2021			
January	February	March	April
X	X	X	X
May * Sun Awareness Week * Mental Health Awareness Week	June * Learning Disability Meeting - 15th @ 1pm * Cervical Screening Awareness Week	July * National Hygiene Week	August
September * Learning Disability Meeting - 15th @ 1pm	October * Malnutrition Week	November * National Stress Awareness Day	December

For more information about Enfield Unity PCN please visit our website:

<https://enfieldunitypcn.co.uk>

If you have any queries, please feel to send us an email at enfield.unitypcn@nhs.net

Contact Us